



# Hope House of Milwaukee, Inc.

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Milwaukee, WI 53204

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*Ending homelessness and creating healthy communities*

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## UNITED SOUTHSIDE FOOD PANTRY

### First Quarter: January 1 – March 31, 2012

Current, local research shows that for too many low-income families, persistent hunger and poor nutrition are a sad, but preventable fact of life. In response, the **United Southside Food Pantry** - the Fourth largest emergency food distribution site on Milwaukee's south side – has developed a multifaceted continuum of services designed to reduce hunger, improve nutrition, and enhance quality of life for households in the 53204 zip code. The three tiers – healthful food distribution, applicable education on good nutrition and general wellness, and relevant service referral and linkage - create a positive, proactive, and integrative method for recipients to learn, develop, and apply new behaviors and strategies that improve and maintain their quality of life. The United Southside Food Pantry seeks to reduce hunger today and lead to good health tomorrow.

### PARTICIPANT DEMOGRAPHICS

**In the First Quarter of 2012, a total of 872 households received emergency food. This amounts to over 2,400 people – 1,458 adults and 1,019 children.**

### PROGRAM GOALS, INDICATORS AND RESULTS

The United Southside Food Pantry offers immediate and interim services and programming with the intention of promoting long-term change in participants.

#### **GOAL 1: TO REDUCE HUNGER FOR PARTICIPANTS**

**Indicator:** *Participants will receive healthful food distributions.*

**Results:** **On average, 291 households per month have received emergency food baskets during the quarter.**

#### **GOAL 1: TO EXPAND USE OF COMMUNITY BASED RESOURCES FOR PARTICIPANTS AND PROMOTE COMMUNITY VOLUNTEERISM**

**Indicator:** *Participants will receive new "Try Me" recipes and other healthy foods information each month.*

**Results:** **This quarter each household received health information hand-outs on diabetes and portion control.**

**Results:** **An average of 5 to 7 volunteers assisted with food distribution each week during this quarter.**