## CHRYSALIS PROJECT

## First Quarter: January 1 – March 31, 2012

Homeless individuals and families often face multiple burdens such as unstable living situations, inadequate inter-personal skills, and poor support networks. Research has demonstrated that housing linked with services is the only strategy that is successful in reducing homelessness. The **Chrysalis Project** is designed to meet the transitional housing and developmental needs of homeless families, their children, and single women, parents, and their children. The project involves five elements: extended shelter and supportive case management services; comprehensive assessment of strengths, resources, and needs and development of a guest-driven, applicable plan for services and programming; practical onsite educational opportunities for guests; frequent reinforcement of newly learned positive behavior; and referral and linkage to community-based services and supports. The goal is to decrease homelessness, improve individual functioning, and enhance community-based support networks of participants.

### PARTICIPANT DEMOGRAPHICS

The population served in the Chrysalis Program is homeless families, their children, and homeless single women. All individuals entered the program from extremely low-income backgrounds with inadequate resources to secure housing.

**In the First Quarter of 2012, a total of 18 families were served by the Chrysalis Project. This included 19 adults and 34 children.  There were 9 new families and 9 family discharges this quarter. The average length of stay at discharge for families was 104 days.**

**The Chrysalis Project served 21 single women during the First Quarter of 2012.  There were 10 new singles and 7 discharges this quarter. The average length of stay at discharge for singles was 124 days.**

**Demographically, 65% of the new intakes were African-American, and 30% were White. Issues other than homelessness faced by the new intakes include Mental Illness (15%), Drug Abuse (5%), Developmental Disabilities (5%) and Physical Disabilities (25%).  10% were victims of Domestic Violence.  Many of these clients faced multiple issues simultaneously.**

### PROGRAM GOALS, INDICATORS AND RESULTS

**Program Goals, Indicators and Outcomes**

The Chrysalis Project offers immediate and interim services and programming with the intention of promoting long-term change in participants, measured as follows:

**GOAL 1:** **TO INCREASE RESIDENTIAL STABILITY FOR PARTICIPANTS.**

*Indicator:* **67% of the participants who enroll in the Chrysalis Project will successfully obtain permanent housing upon exit.**

**Results:** **81% of the participants have successfully obtained permanent housing in the community upon discharge from Hope House this quarter.**

**GOAL 2:** **TO INCREASE EMPLOYMENT INCOME FOR PARTICIPANTS**

*Indicator:* **20% of the adult Chrysalis Project participants will secure employment upon exiting the program.**

**Results:** **44% of the participants have successfully obtained employment upon exiting the program.**

**GOAL 3:** **TO INCREASE GREATER SELF-DETERMINATION FOR PARTICIPANTS.**

*Indicator:* **Adults that complete the Chrysalis program will receive supportive services that prepare them for employment or housing.**

**Results:** **Residents attended training sessions on Breast Care Health, Voter ID Registration rules, Tenant Landlord training and Nutrition.**

## Success Story:

Alice* came to Hope House lost. She was struggling with her mental health and the loss of her brother, on top of homelessness. With stable housing secured, it became easier for her to find mental stability. She worked with a case manager to get connected to a therapist and learn to recognize her own symptoms before she became overwhelmed. As she learned to recognize her symptoms and find responsible and efficient ways to handle them, she grew as a person and succeeded in our transitional living program. Alice saved enough money with her case manager to move into permanent housing, near her support networks of friends.

*Name changed for privacy